

Transforming Your Anger and Conflict



Does unresolved conflict or anger cause you problems at home or at work? If so, this group may be for you.

This **weekly, eight-session skills group** will provide practical information on the nature of anger and conflict, as well as healthy, effective strategies for responding to anger-triggering situations and resolving conflict.

March 24 – May 19, 2015*
Tuesdays from 12:00pm – 1:00pm
(no session April 7)

Faculty Staff Assistance Program
1762 Clifton Rd, Suite 1100
Atlanta, GA 30322

** Prior to joining the group, all prospective participants must attend a screening appointment by **March 23**. Contact FSAP at **404-727-4328** to schedule. Open to all Emory University and Emory Healthcare employees.*

